

# Employee Fall Protection Training Record



**COMPANY NAME:** \_\_\_\_\_

This company has a written fall protection program that details its responsibilities under Occupational Safety and Health Administration (OSHA) fall protection requirements: 29 CFR 1926 Subparts E (Personal Protective Equipment 1926.105 - 106), L (Scaffolding 1926.450 - 454 and Appendices A - E), M (Fall Protection 1926.500-503 and Appendices A - E), R (Steel Erection 1926.760 - 761 and Appendices D and G) and CC (Cranes and Derricks 1926.1423). All employees will be trained by a competent person\* who is qualified prior to any job assignment where fall protection is required. The training will enable each employee to recognize fall hazards and to follow appropriate procedures that minimize the hazards. This record certifies the following employees have been trained to recognize fall hazards and to use appropriate fall protection systems and methods to minimize exposure to the hazards, as required in 1926.503(b).

**Employee Name:** \_\_\_\_\_

## FALL PROTECTION EQUIPMENT COVERED IN TRAINING

Page 1 of 2

| Type of Equipment               | Manufacturer / Model# | Employee Signature | Trainer Signature* (see page 2) | Date |
|---------------------------------|-----------------------|--------------------|---------------------------------|------|
| Full Body Harness               |                       |                    |                                 |      |
| Shock-Absorbing Lanyard         |                       |                    |                                 |      |
| Work Positioning Lanyard        |                       |                    |                                 |      |
| Self-Retracting Lifeline (SRL)  |                       |                    |                                 |      |
| Restraint Line                  |                       |                    |                                 |      |
| Horizontal Lifeline             |                       |                    |                                 |      |
| Vertical Lifeline               |                       |                    |                                 |      |
| Incline Line                    |                       |                    |                                 |      |
| Rope Grab                       |                       |                    |                                 |      |
| Deceleration Device             |                       |                    |                                 |      |
| Locking Snap Hooks              |                       |                    |                                 |      |
| Locking Carabineers             |                       |                    |                                 |      |
| Controlled Descent/ Self-Rescue |                       |                    |                                 |      |

### ARTBA Work Zone Safety Consortium

- American Road and Transportation Builders Association
- National Asphalt Pavement Association
- Community College Consortium For Health and Safety Training
- Texas A&M Transportation Institute
- FOF Communications
- U.S. Department of Transportation Federal Highway Administration
- International Union of Operating Engineers
- American Association of State Highway and Transportation Officials

*This material is based on work supported by the Federal Highway Administration under Grant Agreement No. DTFH61-11-H-00029. Any opinions, findings and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the view of the Federal Highway Administration.*

*This publication does not constitute a national standard, specification, or regulation.*

**FALL PROTECTION EQUIPMENT COVERED IN TRAINING (continued)**

| Type of Equipment                         | Manufacturer / Model# | Employee Signature | Trainer Signature* | Date |
|---|-----------------------|--------------------|--------------------|------|
| Relief Straps                             |                       |                    |                    |      |
| Anchorage                                 |                       |                    |                    |      |
| Safety Nets                               |                       |                    |                    |      |
| FP on Aerial Work Platforms (AWP)         |                       |                    |                    |      |
| FP on Crane-Supported Personnel Platforms |                       |                    |                    |      |
| Other:                                    |                       |                    |                    |      |
| Other:                                    |                       |                    |                    |      |

**Warning Access Zones and Safety Monitors:** For leading edge work [29 CFR 1926.501(b)(2)] and precast concrete [29 CFR 1926.501(b)(12)] work where the employer can demonstrate that it is infeasible or creates a greater hazard to utilize conventional fall protection equipment, the employer may decide to use controlled access zones and safety monitors. The OSHA position is that it is feasible and the employer has the burden to provide proof that it is infeasible and to prepare a site specific plan in accordance with 29 CFR 1926.502(k). The ARTBA position is that the conventional fall protection is feasible in these activities.

| OSHA STANDARD / COMPANY PROGRAM COVERED IN TRAINING                       | Employee Signature | Trainer Signature* | Date |
|---|--------------------|--------------------|------|
| Company's Written Fall Protection Program                                 |                    |                    |      |
| Company's Written Fall Protection Rescue Plan                             |                    |                    |      |
| Trained to Perform Rescue of Fallen Worker Suspended by Fall Arrest       |                    |                    |      |
| Subpart E (Safety Nets) 29 CFR 1926.105                                   |                    |                    |      |
| Subpart E (Working Over Water) 29 CFR 1926.106                            |                    |                    |      |
| Subpart L (Scaffolds/Aerial Lifts) 29 CFR 1926.450-454 and Appendix A - E |                    |                    |      |
| Subpart M (Fall Protection) 29 CFR 1926.500-503 Appendix B - E            |                    |                    |      |
| Subpart R (Steel Erection) 29 CFR 1926.750 - 761 and Appendix A - H       |                    |                    |      |
| Subpart CC (Crane Standard) 29 CFR 1926.1423 and 1431                     |                    |                    |      |

\* I certify that I have trained the employee/worker for the equipment, company programs and/or OSHA standards listed above. I also certify that I am a competent person who is qualified to provide this training. A Competent Person is one who is capable of identifying existing and predictable hazards [OSHA 29 CFR 1926.32(f)]; authorized to take prompt corrective measures to eliminate hazards [OSHA 29 CFR 1926.32(f)]; and qualified to train employees in all aspects of fall protection covered in OSHA Subpart M [29 CFR 1926.503 (Subpart M)].