Know the Symptoms of COVID-19

☑️ Coughing;
☑️ Fever;
☑️ Shortness of breath, difficulty breathing; and
☑️ Early symptoms may include chills, body aches, sore throat, headache. If you develop a fever and symptoms of respiratory illness, DO NOT GO TO WORK and call your health-care provider immediately. Do the same thing if you come into close contact with someone showing these symptoms.

☑️ Conduct safety meetings (toolbox talks) by phone if possible. If not, instruct employees to maintain 6-feet between each other. The foreman/supervisor will track attendance verbally rather than having employees sign an attendance sheet.
☑️ Access to the job site and work trailer will be limited to only those necessary for the work.
☑️ All visitors will be pre-screened to ensure they are not exhibiting symptoms of COVID-19.
☑️ Employees, contractors, and visitors will be asked to leave the jobsite and return home if they are showing symptoms.
☑️ Provide hand sanitizer and maintain Safety Data Sheets of all disinfectants used on site.
☑️ Provide specific personal protective equipment (PPE) to any employees assigned cleaning/disinfecting tasks.
☑️ Talk with business partners about your response plans. Share best practices with other businesses in your communities (especially those in your supply chain), chambers of commerce, and associations to improve community response efforts.
☑ Provide and wear the proper PPE.
☑ Keep the dust down by using engineering and work practice controls, specifically through the use of water delivery and dust collection systems.

☑ Become familiar with the Exposure Action Plan and follow all elements of the Plan.
☑ Practice good hygiene: wash hands with soap and water for at least 20 seconds. If these are not available, use alcohol-based hand rub with at least 60% alcohol.
☑ Avoid touching your face, eyes, food, etc. with unwashed hands.

☑ Clean and disinfect frequently used tools and equipment on a regular basis.
  • This includes other elements of the jobsite where possible.
  • Employees should regularly do the same in their assigned work areas.
☑ Clean shared spaces such as trailers and break/lunchrooms at least once per day.
☑ Maintain at least 6 feet physical distancing while in shared spaces.
☑ Disinfect shared surfaces (door handles, machinery controls, etc.) on a regular basis.
☑ Avoid sharing tools with co-workers if it can be avoided. If not, disinfect before and after each use.
☑ Arrange for any portable job site toilets be cleaned by the leasing company at least twice per week and disinfected on the inside.
☑ Any trash collected from the jobsite must be changed frequently by someone wearing gloves.